

Diversions

Travel

Star-Studded Nightlife—Travel Update



By Scott Grody

In the world of nightlife, lounging is in and dancing is out. And that's particularly true when it comes to the beautiful people.

"Celebrity in this country has kicked up about a million notches," says Peter Famulari, former owner of SkyBar, who now runs BOULEVARD3, both in Los Angeles. "The experience is much more intense than it used to be, even just 10 years ago."

As the number of camera-toting paparazzi and celebrity-focused media outlets rises, so has the number of famous folks aiming to escape the spotlight. Instead of heading to Studio 54-inspired discos or Ibiza-style mega-clubs, they're seeking out more intimate, private settings. Tables—and even dinner—have edged out the dance floor as the big draw.

New York Nightlife

One of the first spots to adapt the new club rules: New York's Bungalow 8. Owner Amy Sacco reserved tables with bottle service and ensured only the hippest, hottest crowd entered the doors of this tiny lounge.

After six and a half years—a lifetime in the

club world—the Manhattan outpost still attracts the likes of George Clooney and Sienna Miller. Last month, Sacco brought her signature style to London, with a members-only version of Bungalow 8 in Covent Garden. Want to ensure entrance? Fill out that online application sooner rather than later.

Even more exclusive than a private club is a secret party spot—somewhere that doesn't advertise after hours.

Pavia Rosati, executive editor of DailyCandy.com, an online newsletter about urban fashion and food, says places like the Spotted Pig in Manhattan's West Village (or knock-for-entry bars in Tokyo) bring in the coolest crowds—often trickled with celebrities—because they lack the pomp and circumstance of a traditional club.

Under-The-Radar Spots

And if you're eager to see celebrities during a night on the town, these out-of-the-way places are a better bet than such hit-or-miss spots as the Hyde club in Los Angeles, where some nights, celebrities are everywhere, and others, the place is filled with poseurs.

One such den: BOULEVARD3, which offers celebrities such as Leonardo DiCaprio and Derek Jeter—and their followers—a cross between cozy lounge and spacious dance floor. Customers can rent out one of the balcony suites or enjoy the house DJ.

Lounges might be hot now, but Hollywood's trendsetters are a fickle bunch.

No matter where you travel to...there is a night life scene.

Enjoy!



George Clooney has been spotted at BOULEVARD3, Los Angeles



James Blunt at Supper Club, New York and London



Sienna Miller at Bungalow 8, London

Books



By Prudy Taylor Board

Stacie Nevadomski Berdan, a Boca Raton native, has co-authored with C. Perry Yeatman *Get Ahead By Going Abroad: A Woman's Guide to Fast-track Career Success*, an extremely timely and useful book given today's emphasis on globalization in all business sectors. A very readable book, the chapters are laced with personal anecdotes not only from the authors but also from 50 other women executives. These interviews not only lend credibility, but also keep the book from being a dry recitation of facts, strategies and techniques.

The book begins by helping the reader decide whether or not to work abroad, then shares practical pointers on how to land an international assignment. The next step entails preparation and a chapter is devoted to setting out the administrative details that must be handled before leaving this country - and there are a lot of those! Dating and socializing and adapting to the customs and mores of a different culture are also covered as well as tips on how to settle into a home away from home.

Moreover, this book also helps the career-minded woman plan ahead. For example, in a chapter titled "Year Two and Beyond: Distinguishing Yourself," the authors recommend that readers begin negotiating their next steps with the company a full 12-months before their contracts end and spell out options including the scenario when an



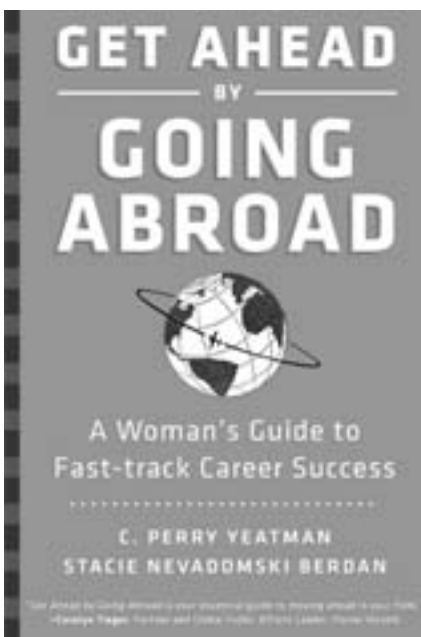
Stacie Nevadomski Berdan

employee decides to change companies. The final chapter is appropriately titled "Ensuring a Successful Return."

These two impressively savvy women know whereof they write. Berdan, now a consultant and expert on women and international careers is headquartered in Connecticut and has appeared on NBC's *Weekend Today*, ABC's *Money Matters* and *Forbes.com* TV, and in *USA Today* and the *Wall Street Journal*. Berdan lived and worked in Hong Kong for Unilever, one of the world's largest consumer products companies. Berdan graduated from Florida Atlantic University. Her co-author, C. Perry Yeatman, is senior vice president at Kraft Food and is responsible for international corporate affairs and global issues management. From 1990-2000, Yeatman lived and worked first in Singapore, then Russia, and finally the United Kingdom.

This is an excellent book that should be read by any woman who wants to take her career to the next level.

(*Get Ahead By Going Abroad: A Woman's Guide to Fast-track Career Success*, hard cover, 242 pages, hard cover. \$24.95. ISBN 978-0-06-134053-6. Published by Collins, an imprint of HarperCollins Publishers)



Prudy Taylor Board's latest novel, a paranormal mystery titled *A Grave Injustice*, is available on order from local bookstores or online from B&N.com or www.amazon.com.



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